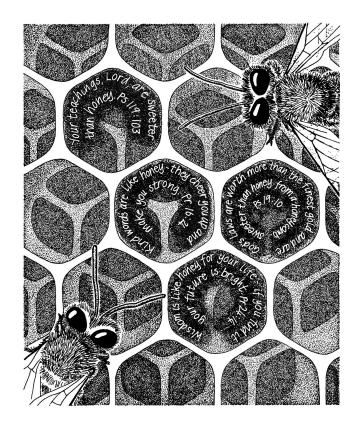


# July 2017

# Inside <sub>(h</sub>is Mon<sub>t)</sub>

- The story of Alban
- It's good to talk to yourself?
- Celebrating Sea Sunday
- Is your dog going to Heaven?
- The struggling South Korean
  Church
- Jane Austen—200yrs on
- Children's page
- Plus—smiles, quotes & more



Kind words are like honey-sweet to the soul and healthy for the body (Proverbs 16:24)

The Monthly Magazine for Members and Friends of St. Anne's Church Larkshall Road Chingford (CHURCH OF ENGLAND)

SERVICES AT ST ANNE'S					
DATE	TIME	SERVICE			
Sunday 2nd July	10:00	Parish Eucharist			
Friday 7th July	10:00	Holy Communion			
Sunday 9th July	10:00	Parish Eucharist			
Friday 14th July	10:00	Holy Communion			
Sunday 16th July	10:00	Informal Service			
Friday 21st July	10:00	Holy Communion			
Sunday 23rd July Friday 28th July	10:00 12:30 17:30 10:00	Parish Eucharist Simple Lunch Informal Service Holy Communion			
Sunday 30th July	10:00	Parish Eucharist			
Friday 4th August	10:00	Holy Communion			
Sunday 6th August	10:00	Parish Eucharist			
Friday 11th August	10:00	Holy Communion			
Sunday 13th August	10:00	Parish Eucharist			
Friday 18th August	10:00	Holy Communion			
Sunday 20th August	10:00	Informal Eucharist			
Friday 25th August	10:00	Holy Communion			
Sunday 27th August	10:00	Parish Eucharist			

### For your Diary

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### <u>July</u>

Monday 17th -8pm PCC

### <u>August</u>

Tuesday 1st- 8pm MLT committee

Saturday 5th -10am Mini Market in aid of the Margaret Centre.

Monday 14th -8pm Plant Committee

Wednesday 16th -8pm Pastoral Committee

Monday 21st -8pm Projects and Events Committee



## SPIRITUAL DEVELOPMENT AND PRACTICE SERVICE

Chingford Old Church, 121 Old Church Rd, London E4 6ST

The first Saturday of the month at 5.30pm

ALL ARE WELCOME

Jan Hawkins

### Regular Events at St. Anne's

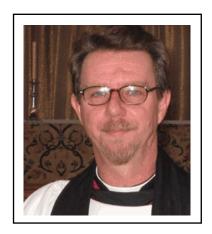
Study/Prayer Group 2nd & 4th Wednesdays at 11.30 and 1st & 3rd Wednesday at 8pm (See Jenny Howland for details )

Healing & Wholeness Service Thursdays 2-4pm (See Eira Endersbee for further details)

If you have any news or articles you would like to share for the **August** issue of the Hatch Herald, please submit by **Sunday 23rd July** By hand or EMAIL TO: janicegar@ttalktalk.net

I look forward to hearing from you if you have any comments to make regarding the Hatch Herald or would like to share any news,, tips, recipes etc

### News from the Vicarage



Greetings. By the time you are reading this missive, Chingford Hatch day 2017 will have come and gone and at the time of writing I can confidently predict that it will have been a huge success. Our parish community has worked so very hard to build strong community ties within our locality. So quite rightly on your behalf I would like to thank everyone who has organized and worked tirelessly behind the scenes to make the second Chingford Hatch day the brilliant day it was.

For many of us, the end of the academic year heralds the beginning of holiday time and for some of us that means heading off to the hills or beaches to take a well-earned rest. Predictably, we haven't quite gotten around to organizing anything so far in the vicarage — 'last minute dot com, thy name is Jude.' Hopefully though we will be taking a week or two somewhere elsewhere. If you are going away, may I wish you a truly restful and enjoyable time. If you are going away with family and/or friends there is something quite sacred in spending time with those who matter most to us. Time, we never seem to have in abundance for the rest of the year. If you are holidaying alone, there is also something quite sacred in being away from work and familiar surroundings and having the time to drink in the wondrous beauty of being alive.

Whether you are hoping for a holiday away or will spend the time at home may I wish you every blessing and happiness and the opportunity to rest in God awhile.

Of course, so many of our thoughts are with those who have been the victims of the evil and wicked tragedies of the last few months. Yet in Manchester, Borough Market and London Bridge, and the Grenfell tower fire no one can fail to be have been moved not only by the heartbreaking anguish of the victims but also by the response of the communities who acted far quicker than their elected representatives to do everything in their power to circle the affected with love, help and support. No one can help but admire and esteem the emergency services who invariably go far above and beyond the call of duty. The holy human spirit will not be broken by either the wickedness of mindless extremism or the greed of cost-cutting landowners. The Kingdom of God is indeed among us.

**Every blessing** 

Jude

### St. Alban—first British Martyr

Alban.

On Saturday last an intrepid group of E4 Anglican pilgrims pitched up in St. Albans City to join in the celebration of the feast of Alban, proto-martyr of Britain. For me, it was a bit like going home. I was brought up in St. Albans and you couldn't get through primary school, cubs and scouts without being conversant with the story of Alban and having appeared (usually as a Roman soldier albeit a small one) in an Alban pageant.

What we know of Alban is derived from quite ancient sources, the earliest being Victricius' 'De Laude Sanctorum' (In praise of the saints). Victricius was the Bishop of Rouen in the late 4<sup>th</sup> Century and although Alban is not named in his account, the story of Britain's first martyr related by Victricius is the same in every detail to subsequent accounts where Alban is named. Later accounts are the 'Passion Albani' (The passion of Alban) probably written by in the late 5<sup>th</sup> or early 6<sup>th</sup> century and was most likely to have been the foundational text for subsequent accounts. The earliest document to name Alban was 'Vita Germani' (The life of St. Germanus of Auxerre) which was written in the late 5<sup>th</sup> Century by Constantius of Lyon. In that account Germanus is recording as having visited the shrine of Alban. Later accounts including Gildas writing in the late 6<sup>th</sup> Century and Bede's Ecclesiastical history of the English people written in 730 CE.

The story of Alban is rather beautiful. Alban lived in the Roman City of Verulamium (modern day St. Albans). He was a dutiful pagan, a devotee of the Roman Pantheon including emperor worship. However, he gave shelter during the first persecution of Christians in this Island to a fleeing priest to whom legend has given the name 'Amphibalus' which means 'Cloak' in Latin. Alban was struck by the priest's devotion and teaching

Among the martyrs brightly shines the rose of St. and when the authorities discovered that Alban was sheltering a Christian priest and came calling with soldiers he exchanged clothes with him

> (hence the name 'cloak') and pretended to be Amphibalus - who made his escape. When the local magistrate realized the subterfuge, Alban was given a choice - after being flogged to make sacrifice to the gods or suffer the same fate that had been due to the priest or indeed any Christian at the time. Alban refused with words that are still used today in the prayer of the Cathedral: 'I worship and adore

the true and living God who created all things.' The story has it that as Alban was led out to be beheaded his would-be executioner, moved by Alban's witness and faith, refused to carry out the sentence preferring instead to die with him. Legend also has it that the second executioner's eyes dropped out of his head when the sword had fallen so he could not look on his murderous handiwork. Alban was martyred on 22<sup>nd</sup> June. After persecutions against Christians ceased, a place of worship was built on the site of his martyrdom which is where St. Albans Abbey now stands. The earliest parts of the present-day Cathedral Abbey date from Norman times. It is thought likely that the original church was burned by the Saxons in 586 CE and its replacement destroyed by the Danes in the late 9<sup>th</sup> Century.

The most recent additions to the cathedral stand above the Altar in the nave screen of the Cathedral. Remarkably beautiful statues of Alban flanked by Amphibalus who was also later martyred. On either side of them there are other exemplary saints of every age who have given their lives for the faith. Interestingly, two of them, George Tankerfield and Alban Roe were on different sides of the reformation and died in the respective persecutions against Protestants (Tankerfield) and Roman Catholics (Roe). Tankerfield was martyred in St. Albans and Alban Roe had been imprisoned in the Abbey before being

taken to Tyburn in London to be hanged. A timely reminder, perhaps, that persecutions were not only against Christians but sometimes Christians against other Christians. Also flanking Alban is Oscar Romero, the Roman Catholic Archbishop of San Salvador in El Salvador who was martyred while celebrating the Eucharist because of his outspoken criticism of the fascist government of his day and their treatment of the poor. Also depicted is Dietrich Bonhoeffer the Lutheran theologian and pastor martyred by the Nazis in the closing days of the second World War. And Elizabeth Romanova, a granddaughter of Queen Victoria who had married into the Russian Royal family and became an orthodox nun in widowhood. She was martyred by the Bolsheviks in 1918. Not only are the statues ravishingly beautiful they are truly representative of the breadth of the Christian faith, incorporating Catholic, Protestant and Orthodox and of course Alban and Amphibalus who date from a time when the faith had yet to suffer the scarring scandal of division.

The interesting thing about Alban's story is that it can be read in two different but highly complementary ways. The first is the straightforward narrative of the man who gave up his life rather than renounce his faith and as such is a witness ('Martyr' is Greek for witness) to the one, true and living God. The second is that he gave his life for his friend. 'No one has greater love than this, than that he lay down his life for his friends.'

Reflecting on Alban's witness there is something of great humanity in the story. The giving up of one's life for the faith is not refusing to let go of an idea or even a belief. It is what that belief is about which matters. And for Alban and the

Christian martyrs in the nave screen – other people mattered, mattered to the point of being willing to face death for the sake of them. And this is the Christian faith. We believe in incarnation. God becoming one of us, for our sakes. The dignity of the human is the dignity of God him/her self.

Although Alban was the first martyr of this Island he is as contemporary now as he was way back in the 3<sup>rd</sup> Century. People matter enough to be willing to go to any lengths to protect, preserve and cause to flourish any member of the human family. Anything which takes away from human dignity is wrong and it really doesn't matter if it is Christians (as in the case of Tankerfield and Alban Roe) who are being persecuted by other Christians, it is still wrong. People have a right to be different and have different views and beliefs to the prevailing orthodoxy. Those who are oppressed and powerless have a God-given right to have those with voices heard on their behalf. All that evil can ever do is martyr those who fight for human dignity. And as Alban has shown martyrdom may well take away a life – but it never takes away a voice. Which was why over 1700 years later we gathered in our droves to celebrate his witness. Oscar Romero once said: 'If they kill me, I will rise again in the people of El-Salvador'. He was right. A revered modern saint who could not stand by and watch his brothers and sisters persecuted, separated from Alban by the best part of two millennia, nevertheless giving his life for the same undying eternal cause. Saints Alban, Amphibalus, George Tankerfield, Alban Roe, Elizabeth Romanova, Oscar Romero, Deitrich Bonhoeffer; join your prayers to ours.

Amen

Holy people have a sense of inner peace. In their presence, it is the God of the still, small voice that one perceives. - T Harrison

The name of Jesus is not so much written as ploughed into the history of the world. - Ralph Waldo Emerson.

I can take my telescope and look millions of miles into space; but I can go away to my room and in prayer get nearer to God and heaven than I can when assisted by all the telescopes of earth. Isaac

### Why it is good to talk to yourself

When we see people talking out loud to themselves, we can tend to avoid them as slightly odd. But, in reality, they may be very smart indeed. According to a recent study at Bangor University, those of us who speak to ourselves while focusing on a task do better than those of us who stay silent.

It seems that when we read instructions out loud, our brains absorb information more quickly. As one psychologist at Bangor explained: 'Our ability to generate explicit self-instructions is actually one of the best tools we have for cognitive control.'

Things simply work better when said aloud. Talking to ourselves helps us to better organise our thoughts, plan our actions, consolidate our memories, and control our emotions.

\*\* \*\*

# How far do you live from where you were born?

Where were you born, and how far away is it from where you now live? The average distance seems to be up to about 100 miles. If that does not seem far, consider this: only 25 years ago most British people tended to live within five miles from where they had been born.

Recent research by the genealogical website Ancestry has found that exactly half of us still live in the place where we were born, and half of us move on. 70 per cent of people who move away from their birthplace are sure that they will not return, and just 14 per cent ever plan to go back.

\*\* \*\*

An egotist is a man who talks about himself so much that you don't have a chance to talk about yourself. - V Havner



### From John Wood's Library

We live in a world of rush and stress, where sleeping pills often replace a night-time prayer. Changing our priorities might help to create a more peaceful, sane and secure way of life.

**David Winter** 

A true conservationist is a man who knows that the world is not given by his fathers, but borrowed from his children.

attributed to John James Audubon

On your next trip to the supermarket, take a look at what our wonderfully diverse world gives us. Whether fresh, tinned, frozen or preserved, remember that it all reflects God's wonderfully diverse creation.

**Heather Fenton** 

#### BIBLE QUOTE:

Look to me and be saved,
you peoples from all corners of the earth;
for I am God, there is no other.
By my life I have sworn,
I have given a promise of victory
a promise that will not be broken,
that to me every knee shall bend
and by me every tongue shall swear.

Isaiah ch. 45 vs 22 & 23



For the last time! - Which member of the Junior Choir put bubble mixture in the organ-blower?!

### Prayers for July

# This is part of a prayer which was written with the US presidential Inauguration in mind, but I think is equally relevant for us in Britain today....

For those who believe and those who do not, We pray for your presence.

For those who are scared and those who celebrate, We pray for your presence.

For those who will watch, and those who have no way, We pray for your presence.

For those who cannot spend time worrying about government leaders, For those who have nothing else to do,

We pray for your presence.

For those who will spend their day searching for their next meal and place to lay their head, We pray for your presence.

For those who are on the hospital waiting list, wondering if they will receive treatment this time. We pray for your presence.

For those who fear for their loved ones, their families, their neighbours, We pray for your presence.

For those around the world, with fears and hunger deeper than ours, We pray for your presence.

For those who worship in hiding, and those who have yet to worship, We pray for your presence.

For those who rejoice and share hope with the world, We pray for your presence.

For those who stay silent, for fear of persecution, We pray for your presence.

For all– divided and united, home and away, known and unknown, We pray for your presence.

Gracious God, you have given each of us the gift of your Love even though we do not deserve it. You give us the strength and the knowledge to follow our own unique path, guided by your Word. You have chosen us and called us, rejoicing in the different interpretations we bring to Your Story.

As many try to divide us, may we feel this Love and hear your Word so that we might unite. As many try to divide us, may we stand together and sing Your praises as we drown out the words of hatred.

Your children are terrified, and they are excited. Your children yearn for an answer and they see glimpses of hope.

May we all remember, may we all see, may we all hear, may we all share Your Word, Your Light, Your Love, and Your Grace in this broken and hurting world.

Amen.

Rev. Jordan B. Davis, Church Relations

### New non-English speaking believers

Church Mission Society is to launch a 'Learning Community' to support the emergence of more than 20 non-English speaking Anglican congregations that have grown up recently, in and around London.

New congregations now exist serving Arabic, Turkish, Japanese, Spanish, Hindi, Gujarati, Ukrainian and Russian speaking believers in the capital. The Learning Community will aim to celebrate the unique nature of each congregation, as well as support their leaders to grow and develop their own ministry.

[5

A spokesman from CMS points out: "More than 300 languages are spoken across London every day: our goal is to enable the Church of England increasingly to reflect the diverse nature of our capital city so that everyone is able to hear the good news of Jesus in their own language. In the longer term CMS hopes this model can be reproduced in other urban centres across the UK where many non-English speaking congregations have emerged.

### Celebrating Sea Sunday – 15<sup>th</sup> July



Look around your home. How much of the contents in your cupboards, wardrobe, rooms, and even garage came to you over the seas, via the great merchant ships? What would your home be like without them?

Yet when did you last give a thought to the people who bring them to you?

It is a curious fact that seafarers are one of the most important, and yet invisible people groups in our society. We all of us depend on them to fill our homes and businesses with an endless variety of goods, and yet we never see them, never speak to them, and rarely even remember their existence.

It suddenly makes Sea Sunday seem good sense: an annual opportunity to give thanks for the seafarers of the world, and to pray for their personal well-being. For going to sea is a lonely occupation. It separates families for months on end. It can sometimes be dangerous, and is always physically demanding work.

So this month, on Sea Sunday, let's pause and give thanks to God for the seafarers of the world. Let's remember how their work so enriches our lives. Let's pray for them, for their families, and let's support the organisations that offer them care and support through their chaplaincy work.

In doing so, we will join with thousands of other Christians, from London to Lagos, Manila to Melbourne and Durban to Dunkerque, who each year remember the seafarers who make our prosperity possible.

Still lost in translation - For those of you travelling this summer, look out for similar signs!

In a Paris hotel elevator: Please leave your values at the front desk.

On the walls of a Baltimore estate: Trespassers will be prosecuted to the full extent of the law. - Sisters of Mercy

In a Bucharest hotel lobby: The lift is being fixed for the next day. During that time we regret that you will be unbearable.

On a long established New Mexico dry cleaning store: 38 years on the same spot.

In a hotel in Athens: Visitors are expected to complain at the office between the hours of 9 and 11 A.M. daily.

### Is your dog going to heaven?

A lot of Christians think so. Especially in America. For there, three-quarters of pet owners who believe in an after-life also believe that their pets are going to be there, too.

The survey, 'Do All Dogs Go to Heaven?' was carried out for Anthrozoos, the journal of the International Society for Anthrozoology, in California. It was found that people believe more readily in an afterlife for dogs, cats and horses than in any sort of future for insects, fish and reptiles.

In the UK, the chair of the Anglican Society for the Welfare of Animals, the Revd Dr Helen Hall, said: "There is nothing new or strange about the idea that animals have a place in God's Kingdom. Scripture teaches that Jesus came to bring redemption and healing to the whole of creation.... How could a loving and just God create sentient beings able to think and feel, then condemn them to share in the suffering of this present world without permitting them a share in the joy of the world to come?"



### \*\*\*\*\*\*\*\*\* GREETINGS CARDS

\*\*\*\*\*\*\* There is a lovely display of handmade cards for sale on the table at the back of the church

Please feel free to look through them and if you find something you would like please give \*\*\*\*\*\*\* the monies to Eira

\*\*\*\*\*\*\*\*

ALL PROCEEDS GO TO STANNE'S



\*\*\*\*\*\*\*\*\*

#### The South Korean Church

The Christians of South Korea have a lot to be proud of. Their strength and energy has been prodigious since the end of the Korean War in 1953. As the church grew in South Korea since then, so did the emphasis on mission work even overseas (where South Korean Christians are still working in about 170 countries).

In South Korea, from six million Christians in the country in 1970, or 18% of the population, the number grew to almost 16 million by 2010, or 33% of the population. That is an enormous rate of growth, averaging 2.6% per annum. Probably two-thirds of these are Evangelical.

But sadly, the South Korean church is now struggling a bit. On the whole, it is ageing. Now, although Christians are 30% of the population, the largest religious group, only 3% of those now in their 20s attend church.

Living under the shadow of North Korea and its unpredictable dictator, the South Korean church needs the encouragement of our prayers in this global area of insecurity.

When the Rev. Dr Hanson gave a lecture on the subject of "Fools", his chairman was Dr Henry Vincent, a personal friend who was also something of a humourist. Dr Vincent introduced him as follows: "We are now to have a lecture on fools by one" - long pause and loud laughter- "of the wisest men in the country." The lecturer responded as follows: "I am not half so big a fool as Dr Vincent" - long pause and loud laughter - "would have you suppose."

Playing with words and pauses, of course - but an amusing reminder that we would do well not to jump to hasty conclusions.

### Jane Austin – 200 years since her death

Jane Austen, a brilliant, quintessentially English novelist much loved for her irony, social realism and criticism of the upper classes, died 200 years ago this month, on 18<sup>th</sup> July 1817. She was almost unknown in her lifetime, having published books like *Pride and Prejudice*, *Sense and Sensibility* and *Mansfield Park* anonymously.



She was also a Christian (and the daughter of a rector) but did not wear her heart on her sleeve. A reticent Anglican, she wrote early on that she "did not like the Evangelicals" but later felt that those who were Evangelicals "from reason and feeling must be happiest and safest". Her novel *Mansfield Park* tackles a theme dear to the heart of many late eighteenth century Evangelicals – the abolition of the slave trade.

Throughout her writing her main characters are transformed by love, an idea of course central to Christianity. Her faith may not call attention to itself in her novels, but it is everywhere in her work.

One critic wrote: "The stories are subversive and work like Jesus' parables. The humour and the ironic insight into human sin get under your skin."



Wednesday 26 July 10am - 4pm

# Sing the Show: The Yeomen of the Guard

Join us for our annual singing day at

### Copped Hall, Upshire, nr Epping

Christine Gwynn and Frances Quintrell lead the day as we sing together in choruses and solo numbers from this delightful Gilbert & Sullivan tale of The Merryman and his Maid.

Bespoke workshops also offered – from fun singing events for friends, social groups or work colleagues to vocal and musical training for choirs etc (that's fun too!)

Get in touch and have a chat!

www.arbutusmusic.net or call 01277 651970

# Forest Recorded Music Society

(affiliated to the Federation of Recorded Music Societies)



# Meets fortnightly on Friday evenings at 7.30

All Saints Church Hall

Church Avenue, Highams Park.E4

Contact: Andrew Golds 0208 531 2938 or V and A Books and Gifts 8531 5695

If you enjoy listening to classical/light classical music in the company of like-minded people then this society is for you.

### **Smile Lines**



### The plagues of Egypt

God says to Moses, "Moses, I have good news and bad news for you."

Moses asks, "What's the good news?"

God replies, "Moses, I shall visit plagues upon the Egyptians. Their rivers will run red with blood, frogs will infest their houses, lice will infest their bodies. I shall cause flies to swarm upon them. Their cattle shall die; boils will infect both man and beast. I shall cause hail to destroy their crops; and locusts shall devour anything green that is left in their land. Darkness will cover their land for three days and nights. I shall then lead you through the wilderness, until the children of Israel reach the Land flowing with milk and honey."

Moses replied, "That's GREAT, Lord! What could possibly be the bad news?"

"You, Moses, shall write the Environmental Impact Statement

#### \*\*\*\*

### Medical knowledge?

here are ten actual sentences written in patient's notes

- The patient is tearful and crying constantly. She also appears to be depressed.
- Discharge status: Alive but without my permission.
- Patient has left white blood cells at another hospital.
- Patient's medical history has been remarkably insignificant with only a 40-pound weight gain in the past three days.
- Patient has two teenage children, but no other abnormalities
- On the second day the knee was better, and on the third day it disappeared.

### All in the month of July

It was:

300 years ago: on 17<sup>th</sup> July 1717 that Handel's Water Music was performed for the first time, on a barge on the River Thames in London. King George 1 sailed in the royal barge to hear in the music, and many other boats followed.

100 years ago: on 31<sup>st</sup> July – 10<sup>th</sup> November 1917 – that the Battle of Passchendaele (or Third Battle of Ypres) took place in Belgium. It was one of the greatest disasters of the war for both sides. Casualty figures were enormous, but the Allies were better able to bear the heavy losses as the war continued.

Also 100 years ago: on 17<sup>th</sup> July 1917, the Royal Family changed its name from the House of Saxe Coburg Gotha, to the House of Windsor.

75 year ago: on 23<sup>rd</sup> July 1942 that the Treblinka extermination camp in Poland began operating. By Oct 1943 around 850,000 people had been gassed there.

Also 75 years ago: on 31<sup>st</sup> July 1942 that the charity Oxfam was founded in the UK (as the Oxford Committee for Famine Relief).

70 years ago: on 9<sup>th</sup> July 1947 that Buckingham Palace announced the engagement of Princess Elizabeth to Lieutenant Philip Mountbatten.

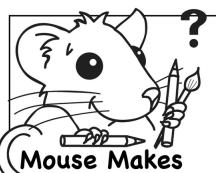
### **COFFEE ROTA**



The coffee rota is available at the back of the church and is looking at a bit sparse

Please sign up if you are able.

All are welcome to join us in the hall for a cup of tea or coffee after the service



What should not be hidden under a bowl?

Matthew 5:14-15 

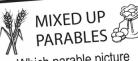
Who was welcomed back?



DID YOU KNOW?

Jesus often used simple stories called **parables** to teach people about God, His Kingdom and about how God would like us to live.

In His parables Jesus used objects and pictures of the world around Him to help people to understand.



Which parable picture word goes with which?

NARROW

**GOATS** 

SHEEP-

**GATE** 

**WHEAT** 

**BRANCHES** COIN

**MUSTARD** 

**TREASURE** 

GOOD

LOST

**WEEDS** 

VINE

SON

Н

HIDDEN SAMARITAN SHEEP

**PRODIGAL** 

**SEED** LOST

Luke 15: 11-32 

What ate the seeds that fell on the path?

Matthew 13:3-23



Matthew 18:12-13



What did the wise man build his house on?

Matthew 7:24-27

What is the kingdom of heaven like?

Matthew 13:45-46

Gospels of Matthew, Mark and Luke but only Luke records the

parables C.

Good Samaritan, The C.

Son, The Friend in Need
and The Rich Fool. parables of The Lost Coin, The Good Samaritan, The Prodigal

Find the parable pictures in the word search PARABLE • WHEAT • WEEDS SEED • TREASURE • GATE

HOUSE • ROCK • SAND PEARL • COIN • FIG • TREE

SHEEP • GOATS • WINE TAX COLLECTOR LAMP • PHARISEE

D

SHEPHERD • SAMARITAN

parishpump.co. deborah 0

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### Flower Rota



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here is a flower rota at the back of the church If you would like to make a donation to celebrate a special event or the life of a loved one, there are envelopes and prayer card available.



### Suggested Shopping List

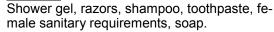
Boxes of cereal, rice, cous cous, noodles, lentils, pasta

Long Life milk, sugar, tea bags, instant coffee, jam, marmalade, squash.

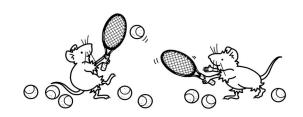
#### Tinned foods

Vegetables, tomatoes, potatoes, fruit, dessert, meat, fish, spaghetti, beans, fish, soup.

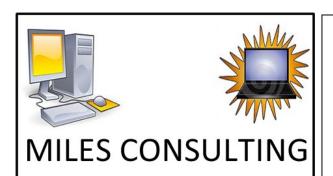
#### Toiletries



This year as we head towards Christmas we think of those for whom its just another day of cold & hunger—a suggestion for this year.







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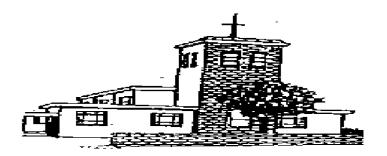


106 Tanners Lane, **Barkingside** IG6 1QE **Tel: 020 8550 4047** 

153 Station Road, **Chingford** E4 6AG **Tel: 020 8559 3235** 

www.hlhawes.co.uk

### For Hire St Anne's Church Centre Larkshall Road, E4



Main Hall or Clubrooms For Private Use For enquiries and/or reservations Please call the Booking Secretary on 07963 248384

### ST ANNES CHURCH CENTRE – REGULAR USERS

### Hall Bookings: 07963 248384

## From Monday 20<sup>th</sup> February 2017

		HALL / LUBROOM	TIMES	HOURS	WEEKS
Mon	Pre-school Line Dancing Women's F'ship 'Footsteps' Ju-Jitsu Club Yoga	С Н Н Н С Н	0915 - 1415 1000 - 1130 1345 - 1445 1600 - 1830 1930 - 2100 1930 - 2045	5.0 1.5 1.0 2.5 1.5 1.25	36 40 36 40 48 48
Tue	Pre-school Weight Watche Brownies Weight Watche Bridge Club	Н	0915 - 1415 0930 - 1100 1745 - 1915 1900 - 2000 1930 - 2230	5.0 1.5 1.5 1.0 3.0	36 48 36 48 48
Wed	Pre-school Tai Chi Keep Fit Weight Watche Beavers Cubs Scouts	C H H rs C H H H	0915 - 1415 0930 - 1130 <b>1345 - 1515</b> 1730 - 1830 1730 - 1830 1840 - 2010 2015 - 2130	5.0 2.0 <b>1.5</b> 1.0 1.0 1.5 1.25	36 48 <b>40</b> 48 36 36 36
Thurs	Pre-school AA Brownies Rainbows Pilates Class	C C H C C	0915 - 1415 1600 - 1730 1815 - 1945 1815 - 1915 1930 - 2030	5.0 1.5 1.5 1.0 1.0	36 48 36 36 48
Fri	Pre-school Coffee Toddlers Toddlers Badminton	С Н С Н	0915 - 1215 1030 - 1100 1300 - 1400 1400 - 1500 2015 - 2145	3.0 0.5 1.0 1.0	36 N/A 36 36 40
Sat	Larkswood War Surgery	rd C	1000 – 1100	1.0	(2 <sup>nd</sup> in the month Jan, Mar, May, July Sept, Nov)
	Mini Market	Н	1000 – 1200	2.0	(1st in the month Jan-Oct)
	Royal British L	egion H	1000 - 1200	2.0	(4 <sup>th</sup> in the month)
Sun	Scramblers Coffee Simple Lunch	C H H	1000 - 1100 $1115 - 1200$ $1230 - 1400$	1.0 0.75 1.5	(4 <sup>th</sup> in the month)

19/2/17

### WHO'S WHO AT ST ANNE'S

### **Our Clergy:**

Vicar: Revd Jude Bullock 020 8529 4740

(Day off—Tuesday)

**Assistant Curate:** Revd. Mick Scotchmer 020 8504 7497

(Day off-Saturday)

Licensed Reader: Jenny Howland 020 8504 2348

**Our Church Officers:** 

**Churchwardens:** 

Heather Gwynn 020 8505 1364 Val Woodward 07831335419

**Secretary to the Parochial Church Council:** 

 Heather Gwynn
 020 8505 1364

 Treasurer: Andy Crawford
 020 8527 6512

# Useful local numbers:

Age Concern - 558

5512

Credit Union - 8520

8740

Chingford Police - 8529

8666

Library, North Chingford -

8496 1070 Longshaw Primary School - 8529 5693

Samaritans - 8520 9191 (24 hour emotional

support line)
Waltham Forest Direct -

8496 3000

Whipps Cross Hospital

8539 5522

### **ORGANISATIONS MEETING IN THE CENTRE**

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	ORGANISATION	CONTACT	TELEPHONE NO
	Alcoholics Anonymous		0845 769 7555
	Badminton	Susan Turner	8524 4679
	Beavers	Barbara Rouse-Booth	07961 316389
	Bridge Club	C G Mayhew	8527 4317
	Brownies (Tues)	Sarah Harrington	8529 2668
ı	Brownies (Thurs)	Caroline Rouse	8529 3688
	Cubs	Alice Robinson	07826 556327
	'Footsteps' Dancing School	Caroline Randall	01277 416253
	Ju-Jitsu	Richard King	07884 233477
	Keep Fit	Christine Hollington	8508 1590
	Line Dancing	Janis Willingale	8502 5582
	Pilates Class	Gemma Drake	07399 052084
	Pre-School PG	Nicola Thurbon	07941 517751
	Rainbows	Debbie Watson	8527 5016
	Royal British Legion	Roy Verity	07832 110143
	Scouts	Alice Robinson	07826 556327
	Taoist Tai Chi Soc	Eleonora Spencer	8504 9808
	Toddler Group	Beryl Stratton	8524 2655
	Weight Watchers (Tues morn)	Terri Reding	07941 159634
	Weight Watchers (Tues even)	Terri Reding	07941 159634
	Weight Watchers (Wed)	Jane Rappoport	07984 880899
	Women's Fellowship	Beryl Stratton	8524 2655
	Yoga	Mohini Chatlani	07903 397070
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Printed by
Stageprint 16
Hoddesdon Road,
Stanstead Abbotts,
Ware, Herts SG12
8EQ
Tel: 01920 872853
(stageprintuk@virgin media.com)